



Year Group	9				
Subject intent	The aim is to broaden sporting experiences and embed skills from year 8, such as applying tactics and strategies into a range of sports. This is then developed by students applying more advanced skills, using GCSE terminology consistently and effectively. Students will focus on improving their physical, social and emotional wellbeing through an engaging range of sport and physical activities. This is achieved through experiencing a range of sporting activities within specific areas (invasion, net-wall, performing at maximum, accurate replication and striking and fielding). We believe that students deserve a broad and ambitious Physical Education curriculum, rich in skills and knowledge, which develops physical, social and emotional well-being which prepares them well for future learning or employment.				
Subject Implementation	Autumn 1 Sports Leadership Worksheet utilised by students in lesson plan structure and ideas for warm-ups and key activities. Evaluations of each session will be given and peer feedback utilised. Students are given opportunities to run primary school festivals organised by the sports partnership/school.	Autumn 2 Invasion game- Basketball Warm – Up activities: Student led. Passing, Receiving, outwitting defenders, Dribbling, and shooting. Development and assessment of progress is through small sided games and conditional situations.	Spring 1 Net/Wall -Badminton Warm up drills, small modified conditioned games and drills. Reciprocal cards and demonstrations of key teaching points. Ladders, singles and doubles tournaments. Extra curricular activities available.	Spring 2 Athletics Individual and team performances, command style teaching, reciprocal cards. Individual recording sheets to achieve personal bests. Clips of effectiveness of different techniques to trail and improve on. Extra-Curricular activities and inter school and inter house.	Summer 1/Summer 2 Tag Rugby <i>Warm – up games and activities, pair work and group work. Conditioned games and Relay races. Specific Drills focusing on different skills. Leadership and organisational opportunities within a tournament type event. Extra- Curricular club to enhance movement vocabulary and skill level.</i>
Knowledge	Pupils will recap on the structure of a session and create a sports lesson of their choice. They will need to take into account numbers, equipment, safety, activities, timing. In pairs they will lead a sports session for their peers. Pupils will also gain knowledge of designing and creating a tournament table.	Pupils will focus on developing team attacking and defending strategies and techniques. Pupils will select and apply core basketball skills using them tactically with the intention of outwitting their opponents. Pupils will gain an improved knowledge of small sided competitive games and rules than underpin the game	Pupils will focus on replicating and further developing more advanced techniques as well as implementing and refining tactics and strategic play to outwit opponents. Pupils will be able to demonstrate the essential elements of attack and defence. Pupil will further develop confidence to score points using a range of tactics Pupil should independently	Pupils will further enhance replication and performance across all disciplines. Pupils to gain a more detailed understanding of fitness and its effect on performance. Pupils will focus on planning, preparing for and competing in a range of athletic competitions. Pupils will perform core skills and record	Pupils will focus on improving and applying basic skills for tag rugby. In all games activities, pupils will think about how to use passing, sprinting, dodging and blocking skills, strategies and tactics to outwit the opposition. Individuals will learn to make informed decisions during small sided games and plan attacking principles.



			be able to score and officiate badminton games.	personal/collective bests. Pupils will develop knowledge of the immediate effects of exercise and physically exert themselves throughout.	
Skills	Planning and application of intent, leadership qualities, organisation skills, teamwork and use of plans, space and equipment. Knowledge of how to organise and engage a group of pupils in a particular sporting activity.	Pass using variations in distance and height. Accurately replicates core fundamental skills consistently and with improving confidence even under pressure. Demonstrate a sound level of tactical awareness and respond to changing situations by adapting and refining their skills and techniques.	Pupils will replicate shots with developing control, accuracy and fluency in play. Serves, overhead clears (forehand & backhand), drop shots & smashes will be developed through game play and conditional situations. Techniques will be further tested through its use in small sided games and assessed against expected learning outcomes.	Pupils continue to improve their own personal performance. Pupils will develop advanced skills necessary to compete and achieve in all athletic events. To gain further experience at jumping events, aiming for height/distance. Throwing events, aiming for distance. Running disciplines, time taken to cover distance. In all events, demonstration of accurate technique and related performances will be assessed. Highlight athletic events and the relevant components of fitness needed. i.e. coordination, reaction time, speed, balance, power and agility.	Perform the necessary fundamental movement & tag rugby skills that allow them to read their environment and make appropriate decisions. Use a sound understanding of the principles of attack when planning their approaches to competitive games. Tactical awareness is improving and responds to changing situations.
Subject Impact	To evaluate written lesson plans and the content with attention to detail: organisation plans, key teaching points and varied appropriate activities. Observations of the sessions in action with leaders communicating well	Pupils will understand the concept of games activities and make effective evaluations of strengths and weaknesses in performance. Pupils will have the opportunity to use this information to better performance as part of	To develop the ability to make effective evaluations of strengths and weaknesses in performance. Provide opportunities for pupils to self-assess their own performance and implement strategies for	Recording results of different athletics disciplines against a set GCSE Criteria/ESAA standards with different grades for measurements and times achieved.	To understand the concept of games activities and make effective evaluations of strengths and weaknesses in performance. Appropriate questioning on teaching points of the skills and processes developed. Observation and peer assessment. Provide opportunities for pupils to assessment own performance and implement.



	and delivering a safe and engaging lesson. Overall evaluations address strengths and weaknesses.	assessment for learning	improvement. Develop observation skills on peer performances and improve the quality of feedback given.		
Assessment	Appropriate questioning on teaching points of the skills and processes developed. Observation and peer assessment. Provide opportunities for pupils to assess their own performance and implement strategies for improvement.				